

## SIGNATURE

NIKUR original menus featuring natural materials

### Jozankei Herbal Detox KOH

90min

¥17,800

#### **Herbal tent → Aromatherapy Oil Body**

Hokkaido herbs, kumasasa bamboo grass, and fir are used in the herbal tent to warm your body for a refreshing detoxification. Then, an aroma oil body treatment works to improve lymphatic flow and alleviates cold sensitivity and swelling. Refresh yourself with our herbal aromas and oil treatment.

\*Please make reservation 30 minutes before the treatment starts.

### Jozankei Escape Journey ZEN

120min

¥26,000

#### **Original Oil Body → Aging Lift Up Facial**

The aim of this comprehensive program is to balance your mind and body inside and out, with the use of natural materials. After loosening up your body with a treatment using the ancient and sacred bog-wood and our original essential oil, tone your skin with an aging lift-up facial with antioxidative green tea.

### Jozankei Haute Couture CHA

150min

¥ 34,200

#### **Body Scrub → Choice of Oil Body → Choice of Facial → Head Care**

With this luxurious total care program, enjoy an haute couture experience with a selection of treatments to match your mood and body's condition. After gently removing dead skin from your entire body with fine particles of bamboo, you have a choice of oil body treatment and facial treatment, and head care to fine-tune your body from top to bottom. Go on a retreat with this program.



Chalet Ivy  
JOZANKEI

## BODY

### Therapeutic massages for your mind and body

Original Oil Body	60min	¥ 13,900
	90min	¥ 21,000

Start by alleviating tensions in your body with the ancient and sacred bog-wood that has been finely polished. After your muscles are loosened up, our aroma treatment featuring our original essential oil "Serene Forest" invites you to a state of superb relaxation.

Aromatherapy Oil Body	60min	¥ 13,900
	90min	¥ 21,000

Based on your level of fatigue, customize your treatment drawing from our essential oil selection. This highly relaxing treatment helps to alleviate the fatigue in your mind and body with originally blended oils.

Japanese Style Dry Body	45min	¥ 10,500
	60min	¥ 13,900
	90min	¥21,000

This non-oil treatment is done from over the clothes. Japanese techniques from old times and stretching techniques thoroughly loosen your tightened muscles.

Hot Black Silica Body	90min	¥23,000
-----------------------	-------	---------

Spa NIKUR's original oil treatment uses ceramics made with black silica, a rare natural ore. The body warming effect of black silica's far-infrared radiation promotes blood circulation, relieves swelling and stiff muscles, and alleviates fatigue.

\* Black silica is a highly valuable natural ore that is designated as a legally protected mineral in Japan. It is produced only in Kaminokuni Town, Hokkaido and nowhere else in the country and even the world.

\*Please make reservation 30 minutes before the treatment starts.

Deep Tissue Body	60min	¥15,000
	90min	¥23,000

Performed with slightly higher pressure, this treatment is suited for guests with chronic muscle fatigue, also recommended for men and guests with strong stiffness. Shea butter based nourishing body butter and blended massage oil are used to leave your skin moisturized and feeling supple.

## FACIAL

Facial care for healthy, beautiful skin at the only spa offering it in Hokkaido

### Lift-Up Facial for Aging Care

75min

¥ 18,000

Our anti-aging treatment boasts the outstanding antioxidant effects of green tea. Replenish nutrients in aging skin with a premium cream mask that brings back spring and smooths your skin. Also lift up your face with a bandage that leaves your skin toned and supple.

### Skin Hydrator Facial

60min

¥ 15,000

Tea seed oil, tea leaf extracts, and other moisturizing ingredients penetrate dry, dehydrated skin to give your skin elasticity from within, reducing dullness and boosting translucency. The facial's antioxidant effects also provide aging care.

### Skin Lightening Facial

60min

¥ 15,000

Plenty of skin-toning ingredients and plant-derived ingredients that suppress melanin production are used in this facial. Your skin is toned with a skin lightening gommage that gently removes sebum dirt and dead skin cells. Nutrients reach your softened skin, giving you continuously smooth, hydrated skin.

### Men's Facial

45min

¥ 11,300

60min

¥ 15,000

In this facial for men, a delicate jojoba scrub is used to condition your skin to smoothness, loosen your tired scalp and shoulders, and even alleviate stress. In our 60-minute course, start with an aroma back massage to increase relaxation.

### Short Facial

45min

¥ 11,300

Clarify and tone up your skin with cleansing and gommage exfoliation, then enjoy a leisurely all-hand facial massage that removes swelling and conditions your skin

## OPTIONS

Carbonated Head Care	20min	¥ 4,700
Body Scrub	30min	¥ 7,000
Herbal Tent	20min	¥ 5,800
*Please make reservation 30 minutes before the treatment starts.		
Extra Charge for Extension	20min	¥ 4,700

### Reservations & Inquiries

Please call NIKUR 8 or Front desk 9 for information during your stay.

Opening Hours 14:00 – 23:00 (Final reception 22:00)

If you take a treatment before 14:00, please call us by 18:00 previous day

Prices above are subject to 10% tax and 10% service charge



**Chalet Ivy**  
JOZANKEI